



T-Shirts  
**GUARANTEED** if  
 Registered by  
**Sept 27**

**Strides 4 Kids** desires to help support the 2,200 children who will be diagnosed this year with leukemia or lymphoma by providing them assistance, raising funds for childhood cancer research, and building community awareness of these diseases. Proceeds will benefit **The Leukemia and Lymphoma Society**.

◀ Thank you for your support ▶

**Important mail-in registration information:**

1. Registration is \$20.00. In addition, a minimum \$5.00 donation to the Leukemia and Lymphoma Society is highly encouraged. Though fundraising (see point 2) is strongly encouraged, you may simply "top up" the \$5.00 yourself during registration..
2. Upon receiving your mail-in registration form, Strides 4 Kids will contact you and help you set up **an online personal fundraising page**. This is a page that you can link (via e-mail) to friends and family to sponsor your run.
3. Registration may also be completed online at [www.strides4kids.org](http://www.strides4kids.org) . Click on "Registration" on the left menu panel and follow instructions to the external fundraising and registration site we have set up.

**Waiver, Release, and Indemnification of Liability:** In consideration of this entry, I the undersigned, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, waive and release any and all rights and claims or damages I may have against **Strides 4 Kids 2011** and their affiliates, subsidiaries, officials and their representatives, successors, volunteers and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically capable of completing the run/walk. I hereby consent to receiving medical treatment, which may be deemed advisable in the event of injury, accident, or illness during the event. Further, I hereby grant full permission for the free use of my name and/or photographer or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date

## Registration Form

**5K (3.1 mi) Run**

**Saturday October 8, 2011.**

Race begins at the *Sons of Rest Pavilion* close to the east entrance of Tower Grove Park at 9:00am. Race day registration starts at 7:45 am

\_\_\_\_\_  
 Name

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City

\_\_\_\_\_  
 State

\_\_\_\_\_  
 Zip

\_\_\_\_\_  
 Phone

\_\_\_\_\_  
 E-mail

GENDER: M / F

AGE ON RACE DAY: \_\_\_\_\_

SHIRT SIZE: S M L XL

REGISTRATION FEE:  \$20 Registration  
 (Fees are nonrefundable)

WOULD YOU LIKE TO MAKE A DONATION WITH REGISTRATION?:  
 (see registration information)

\$5  \$10  \$20  \$50  Other: \_\_\_\_\_

Please send cash or check (made payable to Strides 4 Kids 2011) to:

Strides 4 Kids 2011  
 PO Box 8182  
 St. Louis, MO 63156

TAKING THE STEPS TO FIND A CURE

WWW.STRIDES4KIDS.ORG :: [INFO@STRIDES4KIDS.ORG](mailto:INFO@STRIDES4KIDS.ORG)  
 P.O. BOX 8182, SAINT LOUIS, MO 63156